



## Real-time Obstacle Avoidance and Trajectory Optimization for Unstructured Terrain Robots

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**SUMMARY:** *Unstructured environment Autonomous navigation is a relatively new field of high priority research in robotics due to the wide range of applications it can be applied to disaster response, exploration of other planets, farming, and military applications. In contrast to structured terrains, unstructured ones are distinguished by irregular surfaces, unpredictable obstacles and changing environmental conditions that significantly make movement of a robot confident. In this review paper, a general discussion has been made on some of the key aspects of autonomous navigation including path planning approaches, real-time obstacle avoidance, trajectory optimization and AI-driven decision-making approaches. Classical methods of route generation include sampling-based algorithms such as sampling-based planning (RRT, PRM) and heuristic search algorithms (A\*), but are insufficient in the highly dynamic world. To overcome these challenges, real-time forecasting of the impediments and path optimization with models such as the Model Predictive Control (MPC) has gained immense popularity in the provision of efficient and safe navigation. Furthermore, machine learning with artificial intelligence, particularly, deep reinforcement learning and sensor fusion algorithms has significantly improved adaptability and perception features of robots in dynamic settings. Despite these developments, there are still certain problems like the restriction of computational capabilities and sensor error, sim-to-real transfer error and safety guarantee in dynamic environments. Other trends outlined in this review are lifelong learning, work with multiple robots, lightweight AI models and bio-inspired navigation systems. Overall, the paper highlights the change in classical rule-based systems of navigation to intelligent, data-driven, and adaptive robotic systems that potentially could be applied to the most unstructured and uncertain environments.*

**KEYWORDS:** *Unstructured environments; Path planning; Autonomous navigation; Mobile robots; Sampling-based algorithms; Rapidly-exploring Random Trees (RRT); Probabilistic Roadmaps (PRM)*

## 1 Introduction

A pressing research focus in robotics has been autonomous navigation due to the growing need to develop intelligent systems that can be operated without a human operator. Path planning is the most fundamental part of autonomous navigation that allows robots to calculate the best and possible route between a starting point and a destination to a target and meet a number of constraints [1]. Path planning can also be performed with a fair amount of accuracy in structured and controlled systems, like indoors, warehouses, or road systems, where previous

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maps are available along with known obstacle layouts. But in unstructured settings, in which the robots are used, the complexity of navigation is great [2].

Unstructured landscapes, such as forests, mountainous, disaster-impacted, urban ruins, and agricultural plots, are dynamic and unpredictable in nature. Irregular surface forms, unknown structural connections, different height positions, and both fixed and moving obstacles such as stones, broken materials, vegetations, and moving objects make the characteristics of these environments. Opposite to structured environments, in which environment information can be pre-decided, unstructured environments compel robots to operate in the uncertain and incomplete knowledge conditions [3]. This therefore lets classical path planning algorithms which are based on fixed maps or deterministic models become ineffective. This thing will require that real-time and adaptive navigation strategies are developed by people for being able to give response to environment changes.

Real-time making decision is a key for safe and efficient working of robots in these hard situations. The robots need to monitor their environment, analyze the information received, and revise the movement plans. This is also necessary to prevent collisions, as well as to make sure that the robot is able to accomplish its work within reasonable energy and time limitations. Obstacle avoidance and trajectory optimization are two important elements that are central in attaining this goal [4].

Obstacle avoidance: This capability allows a robot to see an obstacle in its surroundings and make an immediate response to avoid collisions. This is a reactive process that normally uses real-time sensor data to detect possible hazards and to modify the movement of the robot. A variety of obstacle avoidance methods have been created, starting with classical methods like artificial potential fields and vector field histograms through more recent methods using machine learning and sensor fusion. Although these are good methods of avoiding collisions, they tend to emphasize more on the local decisions and may not ensure the best paths globally [5].

On the opposite side, the optimization of movement path is for the producing of smooth, effective and workable roads which satisfy both the kinematic and dynamic limiting conditions of the robot. It endeavors to decrease the distance of movement, the quantity of energy consumed as well as the time required to complete in addition to having no collisions. Trajectory optimization has been dealt with via mathematical models and minimization arithmetic methods, such as graph-based search technologies, sampling-based planners and metaheuristic arithmetic methods like genetic algorithms and particle swarm optimization [6]. The trajectory optimization which is combined with real-time obstacle avoiding is necessary for the realization of a robust and effective navigation inside the complex environment.

One of the factors that enable obstacle avoidance and trajectory optimization is robot perception, especially the perception that is based on vision. The newest robots have very many sensing devices such as Light Detection and Ranging (LiDAR), single-eye and dual-eye cameras, depth sensing devices, and inertial measurement units (IMUs). These sensing devices let the robots feel their surrounding environment, construct environment expressions and find barriers in the real time. Robot vision belongs to these technologies, because it possesses the capability to provide for the environment comprehensive and vivid information. The algorithms which are based on vision make the object detection, terrain classification and depth estimation become easy, these functions therefore help people to carry out making decisions that have enough information [7].

The combining of perception and planning has led to the production of complex navigation frameworks in which sensor data continuously goes through processing and is combined with path planning methods. This ability is also promoted through utilization of methods like Simultaneous Localization and Mapping (SLAM) which provide robots the capacity to build

and keep maps of strange environments and in the same time calculate their own location. This near connection which exists among sensing, localization, and planning lets robots that we make work in environments that are highly dynamic and uncertain in one autonomous mode [8].

Although many progresses have been done, there are still many problems which need to be solved for realize dependable real-time navigation in non-structured land areas. They have high demands on calculation, sensor noise and uncertain situations, low stability under extreme conditions and difficulties in algorithm expansion in different environments. In addition, the balance between calculation speed and the correctness of the planning still is a important problem, especially in robotic systems which have limited resources [9].

In the passed years, the bringing in of artificial intelligence (AI) and machine learning (ML) methods has given new chances in the solving of these problems. The methods which are based on deep learning and reinforcement learning learning have showed the capability for letting robots obtain navigation strategies according to data, and thus make responses to various kinds of environments. Moreover, hybrid approaches where classical planning algorithms are integrated with AI-based techniques are under consideration as they can find a balance between efficiency and adaptability [10].

The purpose of the review is to give an overview of the existing body of knowledge in real-time obstacle avoidance and trajectory optimization approaches to robots in unstructured environments. It explains the major methodologies, outlines the new developments, and discusses the difficulties and constraints involved with the current methodologies. Moreover, it provides possible future trends in the creation of more solid, efficient and smart navigation systems that can perform in the real world [11].

## 2 Overview of Path Planning in Unstructured Environments

Unstructured environments are multifaceted and complex problems; path planning needs to be developed by incorporating perception, decision-making, and control [12]. In contrast to structured environments with pre-determined locations of maps and obstacles, unstructured terrains require adaptive and real-time planning, that can be carried out under uncertainty and incomplete information.

Overall, the methods of path planning in robotic navigation could be generally divided into global and local planning. All these have specific roles in facilitating autonomous navigation in adverse conditions [13].

### 2.1 Global Path Planning

The process of global path planning entails the creation of a general path between the starting point and the goal based on a priori information about the surroundings, either in the form of pre-existing maps or satellite positioning. These techniques are intended to determine the best or close-best route by taking into account the whole environment [14].

Graph based global planning algorithms (Astar and Dijkstra algorithm) are classical global planners which compute the shortest path using a set of cost functions. Although they are effective in organized settings, they work poorly in unorganized landscapes because of unavailable precise and comprehensive environmental data [15].

The sampling-based approaches, like the Rapidly-exploring Random Trees (RRT) and Probabilistic Roadmaps (PRM) have been popular to deal with high dimensional and complex planning problems. They are more adaptable and can manage non-uniform environments, but frequently need post-processing to produce smooth and viable paths [16].

## 2.2 Local Path Planning

Local route planning is the thing about real time movement control in reaction to instant environment changes which are gotten through sensors [17]. When compared with overall planning, it does not make much use of past maps; it also uses real-time data for the avoidance of obstacles, and dynamically makes adjustment to the robot's walking path.

The local planning methods that are widely used include Artificial Potential Fields (APF), Dynamic Window Approach (DWA) and Vector Field Histogram (VFH). These algorithms are computationally inexpensive and can be used in real-time processes. They can however be affected by problems like local minima, oscillations and poor generation of paths [18].

## 2.3 Hybrid Path Planning Approaches

In order to overcome the drawbacks of the individual approaches, hybrid approaches whereby the global and local approaches to planning are used have been formulated. In these systems a global planner will give a rough direction to the direction of the objective, and a local planner will guarantee safe navigation by evading obstacles in real time [19].

Hybrid structures are better robust and flexible especially in unstructured environment where long-term planning is needed as well as short-term avoidance of obstacles. The combination of these strategies allows the robots to find the balance between the optimality and flexibility [20].

## 2.4 Role of Perception in Path Planning

Perception is also important in facilitating efficient plan of paths in unstructured environments. LiDAR, cameras and depth sensors are examples of sensors that capture real-time information about the surrounding environment that is utilized to identify any obstacles, calculate distances and identify areas that can be traversed [21].

The computer vision and sensor fusion are advanced perception methods that can help the robot to understand the complex environment. These methods enable the superior decision making and enhance overall performance of both global and local planning systems [22].

# 3 Real-Time Obstacle Avoidance Techniques

An essential need of autonomous robots in unstructured environments is the real-time obstacle avoidance. Since uncertain, dynamic, and irregular barriers exist, the robots have to sense their environment continuously and immediately respond to avoid crashing. In contrast with global path planning, which aims at the optimization of long-term routes, obstacle avoidance is a local and reactive process and is aimed at real-time safe navigation.

In nonstructured environments, obstacle avoidance can be successfully achieved because the robot must process sensor data in real time, perceive environmental situations correctly, and produce suitable motion commands with rigid time constraints. Different methods have been developed over the years and they can be broadly classified as classical methods, sensor-based methods and intelligent or learning-based methods [23].

## 3.1 Classical Obstacle Avoidance Methods

Classical methods are popular because they are simple, cheap to compute and easy to implement. Such approaches are based on mathematical models and preset rules to control the movement of the robot.

The Artificial Potential Field (APF) method is one of the most popular methods. In this method, the goal is considered as an attractive force with impediments creating repulsive forces [24]. The resulting force is in the direction of movement and the robot moves towards the target avoiding collision. Despite the fact that APF is computationally efficient and can be used in real-time applications, it has some shortcomings including the existence of local minima, in which the robot can get stuck in some positions [25].

The other technique used is the Vector Field Histogram (VFH), which builds a grid of histograms depending on the density of obstacles and provides safe directions of the movement. This technique is easier to maneuver than APF but could be ineffective in very cluttered conditions [26].

Another widely used method is the Dynamic Window Approach (DWA) which takes into consideration the kinematic constraints of the robot. It compares the potential velocity commands within the dynamic window and chooses the best command that maximizes safety, speed and goal direction. DWA is especially useful when it comes to mobile robots that need real-time responsiveness [27].

### 3.2 Sensor-Based Obstacle Detection and Avoidance

The performance of real-time obstacle avoidance heavily depends on the quality and reliability of sensor data. Contemporary robots' systems make use of various sensors to sense the surrounding including:

- **LiDAR (Light Detection and Ranging):** Provides accurate distance measurements and detailed 3D mapping of surroundings.
- **Cameras (Monocular and Stereo Vision):** Offer rich visual information for object detection and scene understanding.
- **Ultrasonic Sensors:** Useful for short-range obstacle detection due to their low cost and simplicity.
- **Depth Sensors:** Enable precise estimation of object distances and shapes.

The sensor combination method is usually utilized to collect together data of two or more origins, thus improving accuracy and stability. Take for an example, the combining of LiDAR and camera information may let a robot obtain both geometrical and semantic knowledge concerning the environment around it.

Noise, shielded parts, and different illumination situations, environmental uncertain factors are also problems which sensor-based methods need to deal with in unstructured ground areas. Therefore, the strong filtering and data processing methods are of great importance for the credible obstacle detection [28].

### 3.3 Vision-Based Obstacle Avoidance

The attention to vision-based methods has been caused by their ability to provide detailed and context-complete information regarding the environment. By means of computer vision arithmetic, robots can implement object detection, recognize landforms, and calculate depth through the utilization of pictures [29].

The commonly used methods which carry out real-time barrier evasion include optical flow, character pick-up, or object detection that is based on deep study. The systems based on vision enable robots to identify many different kinds of obstacles and make a superior selection with regard to movement path planning. Even so, these kinds of methods have high calculation cost, and therefore can be affected by environment factors, which include poor illumination, shade and climate. Although these difficulties exist, there exist some advances in hardware

acceleration and algorithm optimization which have promoted the real-time performance of them [30].

### 3.4 Learning-Based and Intelligent Approaches

The new progress of artificial intelligence has caused the appearance of learning-based obstacle avoidance methods. These methods permit robots to learn navigation strategies on the basis of the data, hence enhance their work along with the passage of time. The data which come from sensors are processed through machine learning and deep learning models, for the purpose that predictions about safe behaviors in the process of navigation can be gotten [31]. Take the convolutional neural networks (CNNs) as an example, they have the ability to process visual data for the identification of roadblocks and the calculation of the best routes. The strengthening study (RL) has also already become one strong strategy, in which the robots may obtain optimal policies through the try-and-error interactions with the environment. The methods which are based on RL are especially successful in complex and dynamic environments, where they can make adjustment to an environment which changes. No matter what good points they have, learning-based methods require very big data collections, much calculation ability, and careful training to become dependable and secure in actual work [32].

## 4 Trajectory Optimization Techniques

In the navigation of autonomous robots, the optimization of trajectory has importance especially in the unstructured environment where the safe, efficient and smooth movement is required. Although the function of obstacle avoidance lets the robot keep away from the objects which are in the environment, the trajectory optimization has as its goal the making of paths that are not only without collisions, but also optimal in the three aspects of distance, time and energy usage. Under these situations, robots must carry out work in states of uncertainty and unceasing change, hence path planning is an extremely complex work and requires real-time adaptive capacity and robustness [33].

The classical methods for trajectory optimization on the main are based on mathematical models and deterministic algorithms. The graph-based methods, which include A\* and Dijkstra's algorithm, are commonly utilized by people to search for the shortest path between two points, when certain cost functions are given. These methods perform goodly in more structured environments, but generally produce separate moving paths which cannot be directly used on physical robot machines. Therefore, these paths have the requirement of being further smoothed, hence continuous and practical paths can be obtained. Furthermore, the optimization methods which are based on gradient are utilized to carry out optimization on trajectories through the lowering of a designated cost function. These methods have low calculation cost in situations where the problem is properly set but are very possible to fall into local minimum values, especially in complex and much crowded working environments [34].

For the purpose of overcoming the shortcomings of traditional methods, sampling-based algorithms have been constructed, which possess greater flexibility in the handling of high-dimensional and irregular search spaces. Other arithmetic methods such as Rapidly-exploring Random Trees (RRT) and Probabilistic Roadmaps (PRM) can generate feasible paths via the way of random sampling on environment and connection of valid points. These technical methods also have good effect in the terrain that has not been structured, whose terrain condition people cannot completely know beforehand. Although the moving tracks that are generated by these methods are good at finding feasible roads, they have a tendency to be not smooth and need extra processing to let them become useful in actual practice. Spline insertion and curve

matching are several of the methods utilized to promote the smoothness and continuity of the generated routes [35].

The methods which are based on optimization and the metaheuristic methods have become greatly interesting in recent years, therefore they have the ability to solve problems which are complex and have multiple objectives. Genetic Algorithms, Particle Swarm Optimization and Ant Colony Optimization are artificial working processes that get their inspiration from natural working processes, and can effectively search big solution spaces. These methods allow the optimization of many parameters at the same time, for example, path length, safety and energy use efficiency. They are however limited in their applicability in real-time systems and particularly when swift decision-making is needed because of their usual computational complexity [36].

Model Predictive Control is now a potent model in real-time optimization of trajectories. The method applies a predictive model of the robot dynamics in order to predict future states and identify a set of optimal control actions within a finite time horizon. Model Predictive Control allows robots to react to changing conditions and operate safely due to continuous updating of the trajectory according to the real-time sensor inputs. As much as this technique is accurate and flexible, it is computationally expensive and depends on the precision of the system model used [37].

Trajectory optimization by incorporating artificial intelligence has also increased the functionality of autonomous systems. Deep learning and reinforcement learning are learning-based techniques that allow robots to learn the best navigation methods through experience and data. They are especially successful in situations where conventional models cannot reflect the complex dynamics and uncertainties. An example is that reinforcement learning enables robots to learn policies that maximize long-term rewards by interacting with the environment. In spite of the promising performance, these approaches have challenges that are associated with data requirements, complexity of training and safety assurance in real world applications [38].

One key essential item of trajectory optimization is that it is necessary to let the paths which are produced be smooth and also feasible in the aspect of physics. The kinematic and dynamic restrictions of robots require that they must follow movement paths which do not bring about sudden change in movement that may lead to instability or mechanical harm. Polynomial track producing methods, Bézier curves, and B-spline inserting are methods that are widely used to make continuous and soft routes. These technologies not only promote motion effectiveness but also the whole reliability of the robot system [39].

Even though we have obtained very big enhancements, the problem of path optimization in non-structured environments still remains a hard question. Currently challenges still exist in aspects such as environment uncertainty, dynamic obstruction objects, restrictions on calculation and the demand for real-time handling. Besides this, the compromise that lies between calculation efficiency and the quality of path is a main problem in the designing work of trajectory planning algorithms. Along with the progress of study, people expect that the integration of advanced sensing systems, efficient optimization approaches, and intelligent learning systems will thus play an important role in solving these difficulties.

When it comes to trajectory optimization in autonomous robotic navigation, the problem is often formulated as a multi-objective cost function minimization problem, aiming to generate an optimal trajectory in terms of efficiency, safety and energy efficiency.

Accordingly, the trajectory-optimization model can be made explicit through three equations. For a candidate trajectory, the weighted navigation cost is defined as follows:

$$J = \alpha L + \beta E + \gamma S + \delta R_o, \alpha + \beta + \gamma + \delta = 1 \quad (1)$$

The obstacle-risk term is calculated from the nearest distance between each planned pose and the obstacle set:

$$R_o = \sum_i 1/(d_i + \varepsilon) \quad (2)$$

For receding-horizon control, the executable control sequence is updated by minimizing tracking error, control effort and obstacle risk:

$$u^* = \operatorname{argmin}_u \sum_k (e_k^T Q e_k + u_k^T R u_k + \lambda R_o) \quad (3)$$

where  $L$ ,  $E$ ,  $S$  and  $R_o$  denote path length, energy consumption, smoothness penalty and obstacle risk, respectively;  $\alpha$ ,  $\beta$ ,  $\gamma$  and  $\delta$  are non-negative weights;  $d_i$  is the nearest obstacle distance;  $\varepsilon$  prevents division by zero;  $e_k$  is the tracking error;  $Q$  and  $R$  are penalty matrices; and  $\lambda$  is the obstacle-risk coefficient.

This task is often subject to constraints, such as:

- Kinematic constraints, based on the robot's design
- Dynamic constraints, such as maximum speed and acceleration
- Obstacle avoidance constraints to avoid collisions

This type of formulation is commonly used in optimization-based robotic control, such as Model Predictive Control (MPC) and other trajectory planners, which evaluate the cost function as the robot moves and incorporates real-world sensor measurements as shown in Figure 1.

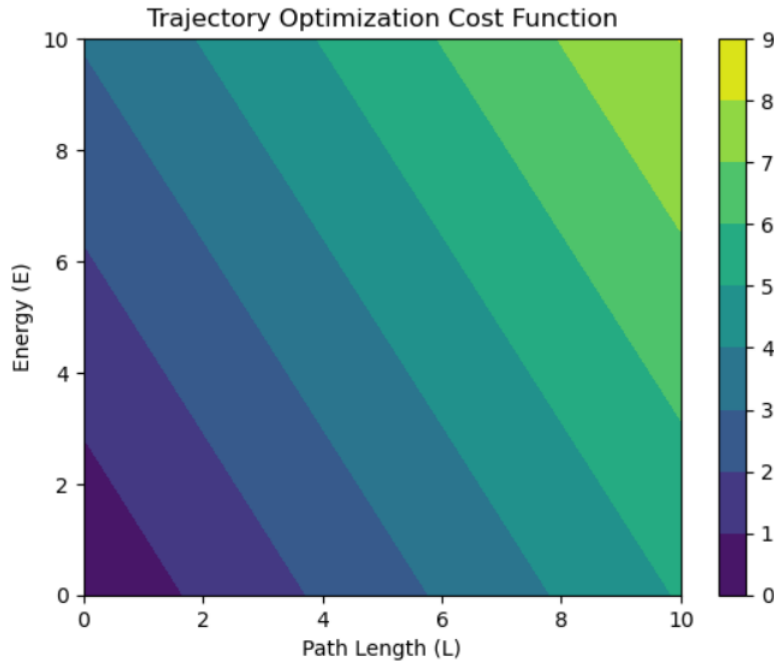


Figure 1: Heat map of the cost function of the trajectory optimization problem, showing the compromise between length of the path ( $L$ ) and energy ( $E$ ). The heatmap's colormap corresponds to the cost ( $J$ ), with smaller being better and indicating more optimal trajectories.

## 5 Path Planning Techniques for Unstructured Environments

Path planning in unstructured environments has been a research topic of interest because of its complexity and applicability to the real world. In contrast to structured environments, in which maps are fixed and obstacles are fixed, unstructured environments have robots continuously

perceiving uncertain and dynamic environments. This has led to the fact that more traditional deterministic algorithms are usually ineffective and more adaptive, probabilistic, and learning-based algorithms are proposed to enhance navigation performance. These methods are designed to guarantee safe, efficient, and collision free motion and computational feasibility to real time applications [40].

Sampling-based path planning, such as Rapidly-exploring Random Trees (RRT) and Probabilistic Roadmap (PRM) algorithms, is one of the most commonly used methods in such situations. The techniques are especially useful in high-dimensional and highly-dimensional spaces since they do not need an explicit model of the full environment. They instead enumerate possible paths that are feasible by randomly sampling the search space. These methods are however strong in exploration capability but at times have suboptimal or non-smooth paths particularly in very cluttered or dynamically varying terrains [41] as shown in Table 1.

*Table 1: Comparison of Obstacle Avoidance Techniques*

Method	Type	Advantages	Limitations	Real-Time Suitability
APF (Artificial Potential Field)	Classical	Simple, fast computation	Local minima problem	High
VFH (Vector Field Histogram)	Classical	Smooth navigation	Struggles in dense obstacles	High
DWA (Dynamic Window Approach)	Kinematic-based	Considers robot dynamics	Limited global optimization	Very High
RRT	Sampling-based	Good for complex environments	Non-smooth paths	Medium
PRM	Sampling-based	Efficient for large spaces	Needs preprocessing	Medium
MPC (Model Predictive Control)	Optimization-based	Accurate, adaptive	High computational cost	Medium
Reinforcement Learning	AI-based	Adaptive, learns from environment	Data & training intensive	Low–Medium

Along with sampling-based methods, heuristic search, such as A\* and its variations, are also popular, particularly in the case of known partial maps. These methods utilize cost functions in an endeavor to guide the search towards the goal in an effective manner. However, when operating in a large scale or a highly dynamic environment, they can fall behind with the extra computational cost. To overcome these shortcomings, contemporary studies are becoming more and more concerned with the combination of machine learning and reinforcement learning methods to enable robots to acquire optimal navigation strategies by experience. Through such strategies, it is possible to be more flexible to the uncertainty in the environment and make real time decisions. The development of path planning techniques in unstructured environments is generally a signifier of transition towards the systems of rules, to those of intelligent and adaptive nature. Though, this has been done to a larger extent, other challenges such as real-time processing, sensor noise, dynamic obstacle handling, and energy efficiency remain to be open research problems, which motivated future research in this direction [42] as shown in Figure 1.

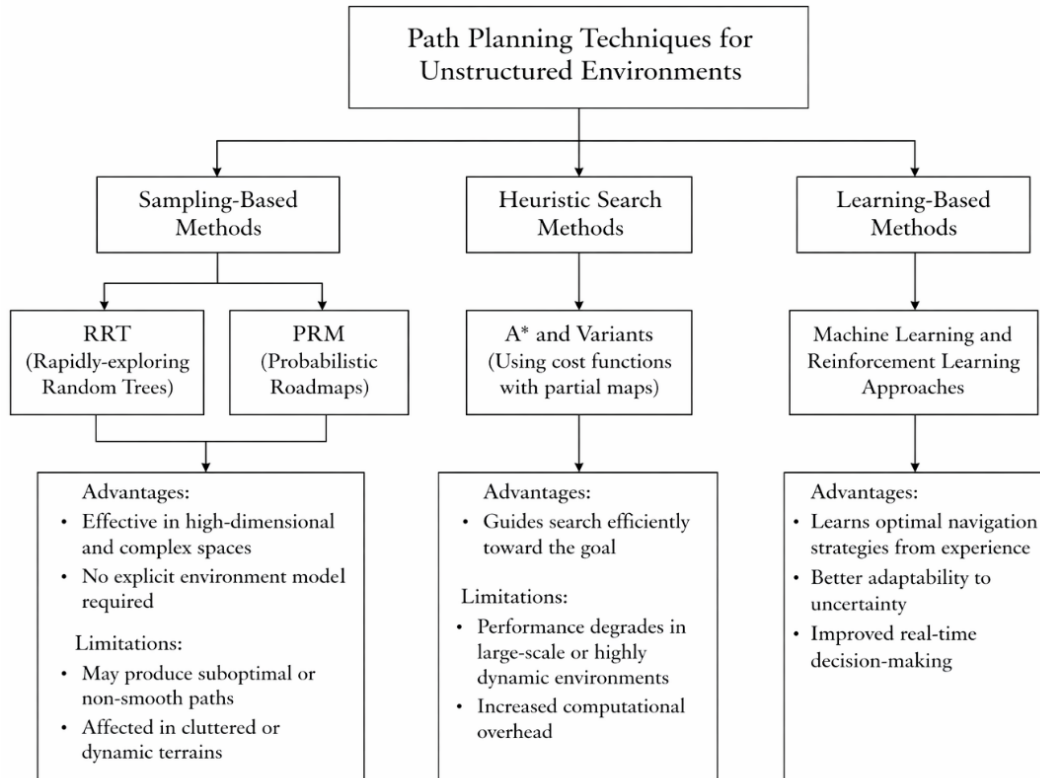


Figure 1: Flowchart of path planning techniques for unstructured environments, categorizing approaches into sampling-based methods (RRT, PRM), heuristic search methods (A\* and variants), and learning-based methods (machine learning and reinforcement learning), along with their key advantages and limitations.

## 6 Real-Time Obstacle Avoidance and Trajectory Optimization for Unstructured Terrain Robots

Avoiding obstacles and optimizing moving paths in real time are core elements that enable autonomous robots to carry out work in environments that do not have structured properties. These kinds of environments, in which surfaces are not regular, objects are not predictable, and they keep changing, therefore require robot movement to carry out dynamic adaptation. When compared with navigation methods that are planned in advance, real-time systems must give an immediate response to data that sensors collect, hence they guarantee navigation that is safe and efficient even in the face of environments that change quickly [43].

Real-time obstacle avoidance in most cases is built on sensor fusion algorithms, which on the other hand integrate LiDAR, camera, ultrasonic sensor, and inertial measurement units (IMU) data. The information which people get through this sense is utilized to construct a partial expression of surroundings, usually in form of occupancy grids or point clouds. According to this showing method, safe steering orders are normally calculated through the assistance of reactive control methods such as the Dynamic Window Approach (DWA) or Vector Field Histogram (VFH). These resolution concentrate on escaping all conflict within the near time, but go on moving in the direction of the goal.

However, it has the possibility that purely responding methods will bring about locally optimal, but globally not efficient solutions. For the purpose of solving this deficiency, the motion planning is carried out optimization by utilizing trajectory optimization methods for the

purpose of strengthening the forecasting scope of a short time horizon. These kind of technical methods take navigation as one optimization problem, the purpose of which is to make cost functions that are based on path length, energy use, smooth degree and safety restriction get smaller. Other conventional methods include Model Predictive Control (MPC) which can contain robot dynamic characters and environment restriction conditions and carry out repeated optimization of the motion path when new sensing data can be obtained.

Combining obstacle avoidance with trajectory optimization allows a hybrid framework of planning with reactivity and foresight. In this type of systems, the robot is able to eliminate immediate hazards and at the same time change its path towards a globally optimal path. More recent developments also include machine learning-based prediction models, which approximate obstacle movement and terrain traversability, which further enhance robustness in challenging environments.

Although a lot has been achieved, there is still a challenge in maintaining computational efficiency, particularly with high-speed robots that have to work within dense or highly dynamic environments. The current studies are now oriented to the optimization algorithms of lightweight, the implementation of edge computing, and the learning-based adaptation planners to enable more stable real-time autonomy in the unstructured environment [44].

Hybrid and AI approaches have shown gains in navigation performance in recent research. For example, Model Predictive Control (MPC) approaches show up to 25-40% decrease in trajectory error versus conventional planners [45]. Likewise, reinforcement learning techniques have been reported to reduce collisions in dynamic scenarios by 30-50%. Fusion methods that use joint LiDAR and vision data increase obstacle recognition rates to over 90% versus ~70-80% with single sensors. But such gains typically result in higher computational demands, up to 2-5× times more processing power.

## 7 Machine Learning and AI-Based Navigation in Unstructured Environments

Machine learning and artificial intelligence (AI) have already emerged as revolutionary tools in the area of robotic navigation, particularly in unstructured and unpredictable environments in which the traditional methods based on models often cannot achieve effective results. The main advantage of navigation which is based on AI is that it has the ability to directly learn the complex patterns of environment through data, and thus it does not need a complex mathematical expression of terrain. This point is especially needed in the actual world, such as disaster zones, woodlands, agricultural lands, and broken infrastructures, where the environment's structure is extremely messy and continuously changing [46].

In this domain, one of the extremely important progresses is the deep reinforcement learning (DRL), which permits robots to obtain the optimal navigation policies through the interaction with the environment. Different from traditional reinforcement learning, DRL utilizes deep neural networks to estimate value functions or policies, hence it is able to handle high-dimensional perception data, which include RGB images, depth maps, and LiDAR point clouds. This makes DRL extremely suitable for problems of autonomous navigation, in which decisions need to be real-time and based on context. Notwithstanding, DRL systems can have extremely high requirements regarding training data and calculation ability, hence it is hard to directly apply them to real robotic systems in real time [47].

Simultaneously, imitation learning has been in the limelight as a more data-efficient option. In this method, the robot is trained through observation of expert demonstrations, usually through human operators, or programmed agents. The system can be used to copy expert

behavior in the same environment with the help of methods like behavioral cloning and inverse reinforcement learning. Although imitation learning is a faster method of training, it has a major drawback of low generalization in situations that are very different in their distribution of training data.

Another important aspect of AI-based navigation is perception-driven decision-making. Real-time scene understanding with modern robotic systems is becoming more and more based on convolutional neural networks (CNNs) and vision transformers (ViTs). These models are able to recognize and also identify the obstacles, estimate the depth, and carry out categorization for the terrain (gravel, grass, mud or rocky surface). This semantic knowledge is necessary for traversal ability analysis, in which the robot must not only determine what an obstacle is, but also determine the safety of its traversal or the cost of traversing a specific region [48].

The newest investigations also pay attention to multi-mode sensor combination, where camera, LiDAR, radar, and inertia sensors are utilized to promote robustness through the combination of their respective information. These different kinds of data flows are put together through AI models in order to make more trustable and correct environment description expressions. This point is especially crucial in unstructured environments where single-sensor systems may break down owing to shelter, or variations in illumination or weather situations such as fog, rain, or dust. [49].

Hybrid systems, that combine artificial intelligence and traditional robot projects, at present are regarded by people as the most reasonable method to put them into actual environment use. Under these systems, perception, prediction and high-level decision making are all completed by AI, and low-level control and trajectory optimization are completed by traditional algorithms. Take one example, deep learning may predict obstacle movement or terrain passing ability, while a Model Predictive Control (MPC) system may control the safe and steady implementation of motion.

Although these progresses have been obtained, there still exist certain quantities of difficulties. Among the core problems, one is generalization, because AI models which get training in simulated or controlled environments frequently have bad performance when people put them into real-world situations. This is what is referred to as the reality gap. Moreover, it is challenging to achieve real-time performance with embedded robotic hardware because of the complexity of a deep learning model. Another important consideration is safety assurance, especially when it comes to human-robot interaction or high-risk applications [50].

## 8 Challenges in Navigation of Unstructured Terrains

Unstructured environments have a number of inherent and practical problems with navigation that still restrict the complete autonomy of robotic systems. Unstructured terrains are very dynamic, irregular and uncertain as compared to structured environments where maps are familiar, and obstacles are predictable. This complicates dependable perception, planning and control to a great extent.

Environmental uncertainty is one of the most vital issues. The unstructured terrain including forests, rubble areas, farmlands, or disaster areas usually has uneven surfaces, concealed hazards, and unstable situations. All these issues complicate the ability of robots to develop correct maps or ensure a consistent localization. Minor and minor perceptual mistakes may result in unsafe decisions or total failure to navigate [51].

The restriction of sensors and noise is another important problem. Current robots contain complex sensing devices, such as LiDAR, cameras, and IMUs, but they are possible to have working failures under bad environment situations. The quality of sensor data can be decreased by dust, fog, rain, low light and sheltering cover. Therefore, the robot can make wrong judgment

on terrain features, or can not find obstacles in correct time, therefore this lets collision risk become a higher risk.

Computational limitations are also an important difficulty. Real-time navigation needs to constantly process great quantities of data in order to carry out mapping, planning and control work. But, the embedded robot platforms may be said to have the features of restricted computing abilities and energy. This offers a bottleneck especially when we have high calculation expense advanced AI or optimization-based methods [52].

Processing of dynamic obstacles is one other important difficult problem. In majority of actual life scenarios, barriers do not always keep fixed positions, they are able to change randomly, such as human beings, animals and automobiles. To make the systems which have the ability to react quickly to changing obstacles and maintain safe and efficient paths is a complex problem.

The learning-based methods also have the important limitation that they lack generalization ability. AI models that already accept training in specific environments in most cases cannot conduct work when they encounter new or unrecognized topographical areas. This causes them to have lower reliability when they are put into actual world use, and hence it points out the necessity of having more elastic and transferable learning methods [53].

Lastly, the issue of safety and reliability is still a priority. Unstructured environments may cause mission failure or actual damage to the environment or the robot due to errors in navigation. Research is still open with regard to ensuring fail-safe behavior, particularly in critical applications like search and rescue [54] as shown in Figure 2.

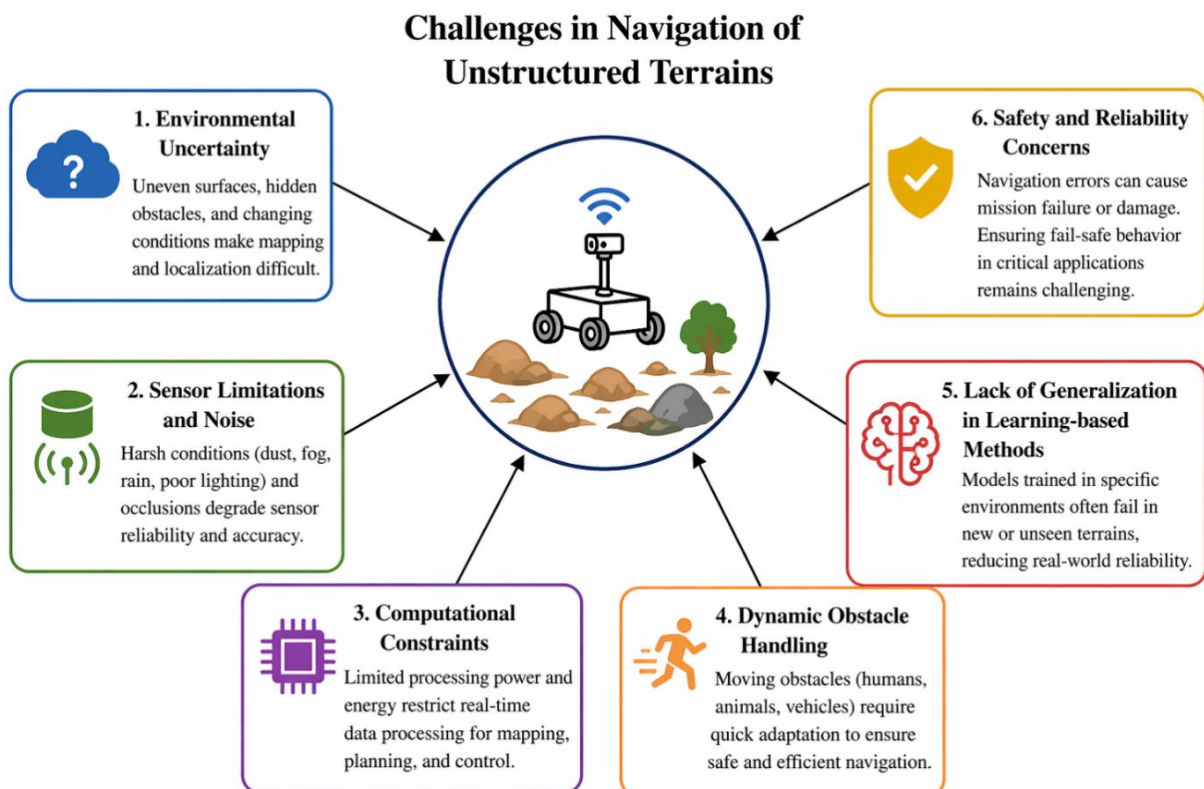


Figure 2: Navigation of Unstructured Terrains in Autonomous Robotic Systems: Challenges, which emphasizes some of the primary limitations such as environmental uncertainty, sensor noise, computational limits, dynamic obstacle navigation, generalization in learning-based algorithms, and safety/reliability issues.

## 9 Future Directions

The next generation of autonomous navigation of unstructured environments is likely to advance toward much-more integrated systems where perception, planning, learning, and control can no longer be considered independent modules but rather a single intelligent system. Such a change will allow robots to make decisions more quickly and more responsive to a situation, particularly in dynamic and uncertain settings [55].

Another important novel direction is foundation models inside robotic domains, in which pre-trained AI models (with large scale) are enlarged to navigation works. Just like large language models are able to be used in many tasks, the future robotic foundation models can provide vision, language, and action, hence robots can read high-level commands and immediately change them into navigation plans. This therefore can greatly promote the interaction between human and robot, and hence the flexibility of mission completion in hard terrains [56].

Self-supervised learning for navigation is one other important domain. Instead of relying on labeled data collections, the future systems will more and more carry out learning through original, unlabeled feeling data that are got in the process of exploration. This kind of solution can reduce the dependence which people have on manual data annotation, hence it can let robots continuously promote their knowledge about terrain properties, obstacle properties, and traversability properties [57].

Another key research emphasis in the future is the achieving of adaptive decision making in uncertain environments. The property of unstructured surroundings is complete and noisy message. Therefore, the probability inference frames, Bayesian study arithmetic methods, and nerve networks which have sensitivity to uncertainty will hence obtain importance. These kind of systems can let the robots carry out the measurement of risk and make decisions that have more safety even in the situations where the inputs from sensors are not accurate.

Moreover, the bio-inspired navigation systems are becoming popular. Based on the learning of insects, animals, and human cognitive mapping, researchers are working on strategies of navigation that imitate natural intelligence. An example: Neural-inspired spatial memory systems and hippocampus-like models of mapping can enhance efficiency of long-range navigation and environmental cognition in unfamiliar environments.

Real-world implementation and field robotics trials will also be significantly advanced in the future. There are numerous existing algorithms that are tested in simulation only. Nonetheless, to test robustness and scalability, a large-scale real-world experiment in disaster response, planetary exploration and agricultural robotics will be required. This will drive research to more practical and deployment-ready solutions.

The second direction that also holds promise is the incorporation of energy-conscious navigation systems. Energy efficiency is a severe limitation in the case of mobile robots and more so the aerial and planetary rovers. Planning algorithms of future trajectory will not just target the optimization of the distance and safety but will also target the optimization of the energy consumption, battery life, and mission duration.

Lastly, autonomous systems which are ethically and safety conscious will gain more importance. With robots starting to work in human-inhabited or risky settings, it will be necessary to guarantee proper behavior, interpretability, and adherence to ethical limitations. This involves establishing fail-safe systems, explicable AI models, and transparent decision-making systems.

The future of unstructured terrain navigation, in general, will be influenced by intelligent, adaptive and highly autonomous systems that are integrated with advanced AI, robust control

theory, and real-world experiential learning. Such advancements will bring robotics systems, in any setting, slowly nearer to complete autonomy [58] as shown in Figure 3.

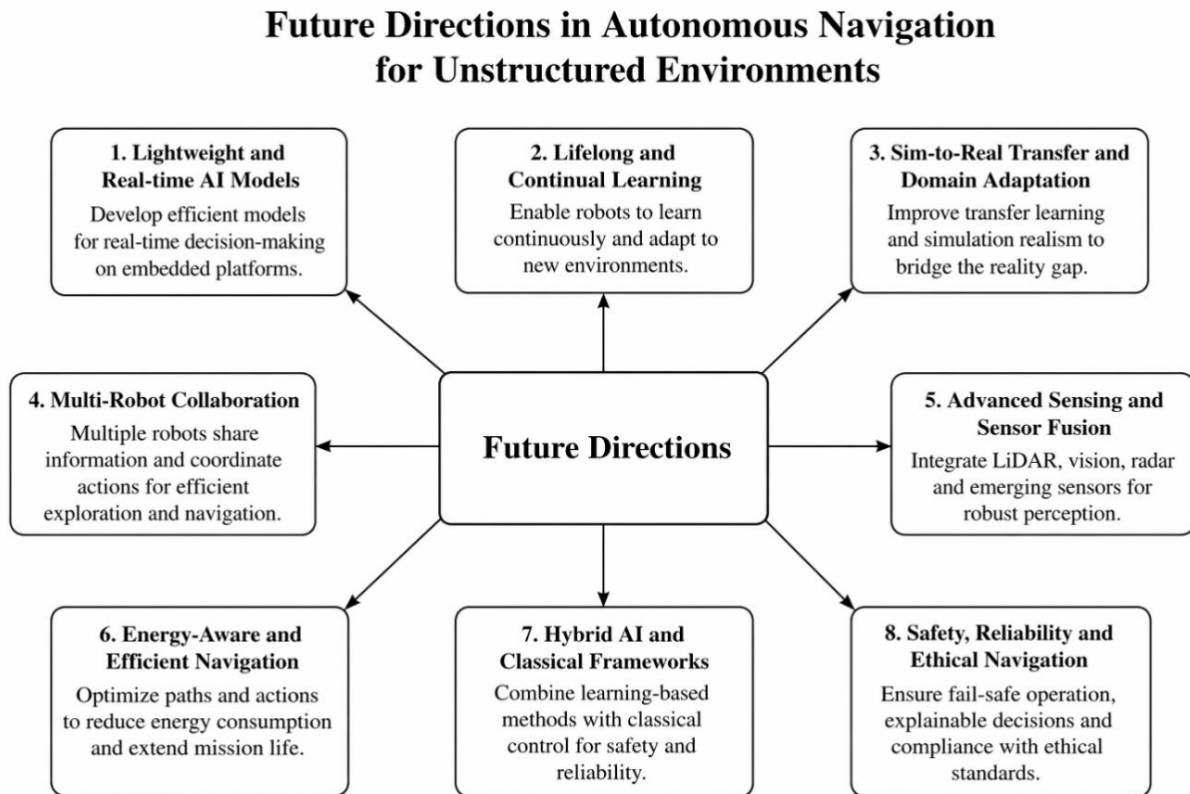


Figure 3: Future Directions in Autonomous Navigation in Unstructured Environments providing a summary of the important research topics such as lightweight AI models, lifelong learning, sim-to-real transfer learning, multi-robot teams, state-of-the-art sensor fusion, energy-efficient navigation, hybrid AI-classical systems, and safety-aware autonomous systems.

## 10 Conclusion

Unstructured navigation involves autonomous robots navigating unstructured environments and is among the most difficult but fastest growing fields of robotics. This review has mentioned the development of the navigation method, starting with classical path planning and reactive obstacle avoidance and the contemporary AI-based-method that facilitates smart and adaptive decision-making. Although classic algorithms offer structured solutions to the problems of path generation and motion control, they are usually not very effective in dynamic and uncertain conditions. Real-time obstacle avoidance and trajectory optimization have contributed greatly to the capability of robots to work safely in a complex environment. The biggest gains however have come with the introduction of machine learning and artificial intelligence which has allowed the robots to feel, learn and evolve in a manner that was not achievable with rule-based systems only. The technical progresses have caused robotic navigation to be more similar to humans with respect to adaptive ability and autonomous property. Even with these achievements, many problems still block actual application in real world, for example calculation restrictions, detector disturbance, universalization, and decision-making related to safety importance. For the solving of these problems, more effective calculation procedures,

stable study systems, and mixed control systems, which can combine the advantages of the traditional robot science with the newest artificial intelligence, therefore will be required.

## About the Author

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